



# Getting help and support

WITH DOMESTIC ABUSE  
IF YOU HAVE A DISABILITY

 **staffs housing**

Domestic abuse can happen to anyone and equally anyone can be an abuser. So, it's important you know how to spot the signs and where to go for help and support.

## DEFINITION

*"Domestic violence, also called domestic abuse, includes physical, emotional, financial and sexual abuse in a relationship or between family members."*

### Did you know?

Disabled women are twice as likely to experience domestic abuse. They experience it for longer periods of time before accessing support. They are also more likely to be experiencing abuse from a current partner.

### Getting help and support

You don't have to put up with domestic abuse. Don't wait for an emergency situation to get help. If domestic abuse is happening to you, it's important you tell someone.

You're not alone, our Housing Officers are trained to deal with disclosures and can help you find support. They regularly visit schemes so you can stop and talk to them while they're out or call **01782 744533** or email **neighbourhoods@staffshousing.org.uk**

### Other ways to get support

#### **Glow domestic abuse support**

0330 0945 559 (Staffordshire)  
0133 2985 111 (Derbyshire)

#### **New Era domestic abuse support**

0300 303 3778 (Stoke-on-Trent  
and Staffordshire)

#### **Domestic abuse hotline**

0808 2000 247  
helpline@womensaid.org.uk

#### **Male domestic abuse advice line**

0808 8010 327  
info@mensadvice.org.uk

#### **Forced marriage line**

020 7008 0151  
fmu@fcdo.gov.uk

#### **Speak to your GP**

**In an emergency call 999**